



ॐ TRIKĀLA SANDHYĀ ॐ

VIŚVA SANĀTAN DHARMA SEVĀ TRUST

॥ Jai Śrī Mādhava ॥



"No ka nohona kanaka, ua like 'o Trisandhya me ka wai ola."

E hana i ka Trisandhya i nā hola sandhya 'ekolu i kēlā me kēia lā, e heluhelu i ho'okahi mokuna o ka Shrimad Bhagavata Mahapurana i kēlā me kēia lā, a e ho'oho mau i ka inoa 'o Madhav i loko o ka mana'o.

E PA'A I KĒIA MAU A'O 'ANA HE 5 ME KA TRIKAL SANDHYA

1. E a'o e ho'olohe.
2. E a'o e kali.
3. E a'o e aloha a e hō'ike i ke aloha i nā mea ola a pau.
4. Kaohi 'ana i nā mana'o.
5. E ha'alele i ka mana'o o "O wau a me ka'u, 'o 'oe a me kāu" (ka mana'o o ka ha'aheo).

NĀ MANAWA 'EKOLU O TRISANDHYA

Kakahiaka i ka Brahma Muhurta, ma mua o ka puka 'ana o ka lā

Awakea ma waena o 11:30 a me 12:30

Ahiahi hiki ke hana 'ia ma waena o kanakolu minuke ma mua a kanakolu minuke ma hope o ka napo'o 'ana o ka lā

NĀ 'I'O O TRISANDHYA

1. Mantras
2. Śrī Viṣṇu Ṣoḍaśa Nāma Stotra
3. Śrī Daśavatāra Stotra
4. Durgā-Mādhava Stuti
5. 108 times "Mādhava" name
6. Kalki Mahāmantra
7. Jayaghoṣa

HE NOI HA‘AHA‘A E PILI ANA I KA PUANA ‘ANA

E ‘olu‘olu e ho‘olohe i ka [leo Trisandhya kūhelu](#) no ka puana ‘ana pololei (paipai ‘ia ka ho‘olohe ‘ana ma ka wikiwiki 1.5x), no ka mea, he ‘oko‘a li‘ili‘i paha ka puana ‘ana o nā kikokikona i kākau ‘ia. Paipai mākou iā ‘oe e ho‘olohe pinepine e like me ka mea e pono ai a ‘olu‘olu loa ‘oe.

Nānā: Pono e ho‘ōho mālie ‘ia ka inoa 'Madhava' i loko o ka mana‘o, akā i loko o ka ho‘opa‘a leo, ua hīmeni ‘ia ‘o 'Madhava Geeta' ma ia ‘āpana.

1. MANTRAS

['Om'] * 3 manawa

[Om Bhūrbhuvah Svah Tatsaviturvareṇyam ।
Bhargo Devasya Dhīmahi Dhiyo Yonah Pracodayāt ॥] * 3 manawa

2. ŚRĪ VIṢṆU ṢOḌAŚA NĀMA STOTRA

(NĀ INOA ‘UMI KŪMĀONO O SHRI VISHNU)

Auśadhe Cintayet Viṣṇum । Bhojane Ca Janārdanam ॥
Śayane Padmanābham Ca । Vivāhe Ca Prajāpatim ॥
Yuddhe Cakradharam Devam । Pravāse Ca Trivikramam ॥
Nārāyaṇam Tanutyāge । Śrīdharam Priyasaṅgame ॥
Duḥsvapne Smara Govindam । Saṅkaṭe Madhusūdanam ॥
Kānane Narasiṃham Ca । Pāvake Jalaśāyinam ॥
Jalamadhye Varāham Ca । Gamane Vāmanam Caiva ॥
Parvate Raghunandanam ।

[Sarva Kāryeṣu Mādhavam] ॥ * 3 manawa

Ṣoḍaśaitāni Nāmāni Prātarutthāya Yaḥ Paṭhet Sarvapāpa Vinirmukto Viṣṇuloke
Mahīyate ॥

3. ŚRĪ DAŚĀVATĀRA STOTRA

(DASHAVATARA STOTRAM I HAKU 'IA E SHRI JAYADEVA JI)

*Pralaya Payodhi-jale Dhṛtavān Asi Vedam ।
Vihita Vahitra-caritram Akhedam ॥
Keśava Dhṛta- Mīna Śarīra Jaya Jagadīśa Hare ॥ 1 ॥*

*Kṣitir Ati Vipulatare Tava Tiṣṭhati Prṣṭhe ।
Dharaṇi Dharaṇa Kīṇa Cakra Gariṣṭhe ॥
Keśava Dhṛta- Kacchapa-rūpa Jaya Jagadīśa Hare ॥ 2 ॥*

*Vasati Daśana-śikhare Dharaṇī Tava Lagnā ।
Śaśini Kalaṅka Kaleva Nimagnā ॥
Keśava Dhṛta- Śūkara Rūpa Jaya Jagadīśa Hare ॥ 3 ॥*

*Tava Kara Kamala-vare Nakham Adbhuta Śṛṅgam ।
Dalita-Hiraṇyakaśipu-tanu Bhṛṅgam ॥
Keśava Dhṛta- Narahari Rūpa Jaya Jagadīśa Hare ॥ 4 ॥*

*Chhalayasi Vikramane Balim Adbhuta Vāmana ।
Pāda-nakha Nīra Janita Jana-pāvana ॥
Keśava Dhṛta- Vāmana Rūpa Jaya Jagadīśa Hare ॥ 5 ॥*

*Kṣatriya Rudhira Maye Jagad-apagata Pāpam ।
Snāpayasi Payasi Śamita Bhava Tāpam ॥
Keśava Dhṛta- Bhṛgupati-rūpa Jaya Jagadīśa Hare ॥ 6 ॥*

*Vitarasi Dikṣu Raṇe Dika Pati Kamanīyam ।
Daśa-mukha Mauli-balim Ramaṇīyam ॥
Keśava Dhṛta- Raghupati Rūpa Jaya Jagadīśa Hare ॥ 7 ॥*

*Vahasi Vapuṣi Viśade Vasanam Jaladābham ।
Hala-hati-bhīti-milita-Yamunābham ॥
Keśava Dhṛta- Haladhara-rūpa Jaya Jagadīśa Hare ॥ 8 ॥*

*Nindasi Yajña Vidher Ahaha Śruti Jātam ।
Sadaya Hṛdaya Darśita Paśu-ghātam ॥
Keśava Dhṛta- Buddha-śarīra Jaya Jagadīśa Hare ॥ 9 ॥*

*Mleccha Nivaha Nidhane Kalayasi Karavālam ।
Dhūmaketum-iva Kim Api Karālam ॥
Keśava Dhṛta- Kalki Śarīra Jaya Jagadīśa Hare ॥ 10 ॥*

*Śrī-Jayadeva-kaver Idam Udītam Udāram ।
Śṛṇu Sukha-dam Śubha Dam Bhava-sāram ॥
Keśava Dhṛta- Daśa-vidha Rūpa Jaya Jagadīśa Hare ॥ 11 ॥*

4. DURGĀ-MĀDHAVA STUTI

(KA HELUHELU 'ANA I KA DURGA - MADHAVA STUTI)

*Jaya He! Durgā Mādhava Kṛpāmaya Kṛpāmāyī !
Durgāñku Sebi Mādhava Hoile Mo Diāñ Saim || 0 ||*

Jaya He ...

*Bahu Rūpe Jaya Durge, Byāpi Achhu Sarva Thābe !
Ramā Umā Bañi Rādhā To Chhaḍā Anya Ke Nāhiñ || 1 ||*

Jaya He ...

*Madana-Mohana Rūpe Byāpi Achhu Sarva Thābe !
Mohana Citta Mohilu Śrī Sarva Maṅgala Tuhi || 2 ||*

Jaya He ...

*Dharma Sañsthāpanne Janma Yadi Hvanti Nārāyaṇa !
Durgāñku Chhāḍi Mādhava Kheli Bara Śakti Kāhiñ || 3 ||*

Jaya He ...

*Mādhavañka Khelā Pāiñ Deha Dharu Mahāmāyī !
Mādhavañku Pati Putra Rūpe Khelāouchhu Tuhi || 4 ||*

Jaya He ...

*Mādhavañku Durgā Kole Jehuñ Dekhe Beni Dole !
Tāhara Bhāgyar Kathā Brahmā Śibe Na Jogāi || 5 ||*

Jaya He ...

*Jaya Durgati Nāśini Abhirāmar Jananī !
Śubhāgamana Karantu Mādhavañku Kole Nei || 6 ||*

Jaya He ...

5. 108 MANAWA KA INOA “MADHAV” (ME KA LEO ‘OLE)

['Mādhava'] * 108 manawa

*E ho‘ōho i ka inoa 'Madhava' o Jagannatha Mahaprabhu 108 manawa.
Mai ‘ōlelo leo nui. E helu ma kou mau manamana lima a e ho‘ōho i ka inoa i loko o ka
mana‘o.*

6. KALKI MAHĀMANTRA

[*Rāma Hare Kṛṣṇa Hare, Rāma Hare Kṛṣṇa Hare ।*
Rāma Hare Kṛṣṇa Hare, Ananta Mādhava Hare ॥] * 11 manawa

7. JAYAGHOṢA

*Pono e heluhelu 'ia ka Jayaghosha i loko o ka mana'o, me ka 'ōlelo leo 'ole.
(Hiki ke ho'ōho leo nui 'ia inā kū 'oe.)*

*Tvameva Mātā Ca Pitā Tvameva
Tvameva Bandhuśca Sakhā Tvameva ।
Tvameva Vidyā Draviṇam Tvameva*

[Tvameva Sarvam Mama Deva Deva] ॥ * 3 manawa

*Om Namo Brahmaṇya Devāya Gobrahmaṇahitāya Ca ।
Jagat Hitāya Kṛṣṇāya Govindāya Namo Namaḥ ॥*

[Om Ananta Koṭi Viśva Brahmāṇḍa Nātha Parabrahma Nārāyaṇa Mahāviṣṇu
Bhagavān Kalkirām Śrī Śrī Śrī Satya Ananta Mādhava Mahāprabhu Jī kī Jaya!] *
3 manawa

[Mātā Mahālakṣmī Jī kī Jaya!] * 3 manawa

[Mātā Vaiṣṇo Devī Jī kī Jaya!] * 3 manawa

[Sarva Devī-Devatāom kī Jaya!] * 3 manawa

[Sudharma Mahā-Mahā Saṅgha kī Jaya!] * 3 manawa

[Sudharma Mahā-Mahā Saṅgha kī Jaya!] * 3 manawa

E ka Haku! E hō'ulu'ulu 'ia nā haipule a pau o ka honua holo'oko'a i ka wā hiki
loa —

E 'ōlelo me ka hau'oli ho'okahi, "Hari Hari", "Hari Hari", "Hari Hari"

E ka Haku! E ho'okumu 'ia ka 'Oia'i'o, ke Aloha, ke Aloha, ke Kala 'ana a me ka
Maluhia ma luna o kēia honua, ka honua holo'oko'a i ka wā hiki loa —

E 'ōlelo me ka hau'oli ho'okahi, "Hari Hari", "Hari Hari", "Hari Hari" * 3
manawa

JAI ŚRĪ MĀDHAVA

NĀ ‘ŌLELO A‘O NUI

‘Oiai i kēia manawa, ke ‘ike nei ka ‘epekema a me ka ‘uhane i ka ho‘okokoke ‘ana mai o ka ho‘ololi nui e hiki mai ana, ‘a‘ohe ala maopopo o ke kanaka e lanakila ai i kēia pilikia. Wahi a ka ‘Bhavishya Malika’ — e ha‘alele i nā hana hewa, a e ‘ae nā kānaka o kēlā me kēia mana‘o‘i‘o i ka ‘Trisandhya’ no ka pale ‘ana i ke ola.

I kēia manawa o ka ho‘ololi ‘ana o ka makahiki, ‘o kēia kumu huna ka Mrita Sanjivani ho‘okahi wale nō no ka pale ‘ana i ke ola.

Pono ka po‘e makemake e hō‘ea i Satyayuga e pa‘a i kēia mau a‘o ‘ana i ko lākou ola pono‘ī.

Wahi a nā ‘ōlelo a‘o a ka Haku Kalki i ka wā o ka ho‘okumu ‘ana o Dharma, pono mākou e hahai i kēia mau mea i ko mākou ola:

1. E hō‘ike i ke aloha i nā mea ola a pau. E ha‘alele i ka ‘ai ‘ana i ka ‘i‘o a e ho‘okomo i ke ola sattvic. Mai hō‘ino i kekahi mea ola a i ‘ole kekahi kanaka ma kekahi ‘ano.
2. I kēia au, e ho‘ōho i ka inoa ‘o Madhav (ka Haku). Inā makemake ‘oe, hiki iā ‘oe ke ho‘ōho leo nui a i ‘ole e ho‘omana‘o mālīe i kona inoa i loko o ka mana‘o.
3. Pono kēlā me kēia kanaka e pa‘a i kēia mau pono ‘elima: ‘Oia‘i‘o, Aloha, Aloha, Kala ‘ana a me ka Maluhia.
4. Pono kēlā me kēia kanaka e komo mau i ka Satsang. ‘O Satsang ke ‘ano o ka hō‘ulu‘ulu ‘ana e hīmeni i nā ‘ano o ke Akua, e wehewehe i kona nani, a e kūkākūkā i nā mea ‘uhane.
5. E hana i ka Trisandhya i kēlā me kēia lā — e ho‘omana‘o a e ho‘omaika‘i i ka Haku i ke kakahiaka, awakea a me ke ahiahi.
6. E ho‘ōho i ka Kalki Mahamantra i hā‘awi ‘ia e ka Haku Kalki i kēlā me kēia lā.
7. Pono kēlā me kēia kanaka e hele ma ke ala o Dharma.
8. Ke pi‘i a‘e ma luna o ka ho‘okae ‘ana i ka papa a me ka ho‘omana, e mālama i ka Satsang me nā mea a pau.
9. E ha‘alele i ka mana‘o o “‘O wau” a me “ka‘u.” ‘O ia ha‘aheo a me ka pili ‘ana e lawe aku i ke kanaka mai kona ‘ano ‘uhane maoli.
10. E heluhelu i ka Shrimad Bhagavata Mahapurana ma ka home i kēlā me kēia lā. Ke ‘ae ka manawa, e a‘o i ka bhajan, kirtan, nā Puranas, nā palapala hemolele, ka Bhavishya Malika a me nā kikokikona ‘uhane ‘ē a‘e.
11. E kapa i kēlā me kēia wahine he “Māmā”/“Maa” a i kēlā me kēia kāne he “Kaikunāne.”
12. Ma mua o ka ‘ai ‘ana, e hā‘awi mua i ka mea‘ai i ka Haku.
13. Inā makemake ‘oe e ‘ike hou aku e pili ana i ka Haku Kalki a me kēia hana nui, e kelepona i ka helu kelepona i hā‘awi ‘ia ma ka hope o kēia puke li‘ili‘i.

NĀ NĪNAU MA‘AMAU LOA

1. Nā nīnau ma‘amau e pili ana i ka hana Trisandhya

Hiki ke hana ‘ia ka Trisandhya **me ka ‘au‘au ‘ole**. E kau i kou lima ma kou lae a e ho‘omana‘o i ka Māmā Ganga, me ka ‘ōlelo ‘ana **“Shri Gange”** ‘ekolu manawa. Inā hiki, e holoi mua i kou mau wāwae a e kāpīpī i kahi wai li‘ili‘i ma luna ou.

Hiki ke hana ‘ia ka Trisandhya ma nā wahi a pau — **ma ke alanui, i loko o ke ka‘aahi, i loko o ke ka‘a, ma kou wahi hana**, a i ‘ole **mālie i loko o ka pu‘uwai**. Ma kekahi ‘ano a i ‘ole kekahi, ma kekahi wahi a i ‘ole kekahi, pono e hana ‘ia me ka hemahema ‘ole.

Pono e heluhelu ‘ia ka Shrimad Bhagavata Mahapurana **ma hope wale nō o ka ‘au‘au ‘ana**, ke ma‘ema‘e. I nā lā o ka menstruation, hana ‘ia ka Trisandhya i nā manawa ‘ekolu e like me ka ma‘amau — leo nui a i ‘ole i loko o ka pu‘uwai. No kēlā mau lā ‘ehiku, ‘a‘ole **e heluhelu ‘ia ka Shrimad Bhagavata Mahapurana, ‘oiai hiki ke ho‘olohe ‘ia**.

I ka wā sutak pū kekahi, hiki ke hana ‘ia ka Trisandhya i nā manawa ‘ekolu; akā i kēlā manawa, ‘a‘ole **e heluhelu ‘ia a ho‘olohe ‘ia ka Shrimad Bhagavata Mahapurana**, a ‘a‘ole pono e hui pū me Satsang. I nā hihia ‘elua, ‘a‘ole **e ho‘opā ‘ia ka Shrimad Bhagavata Mahapurana a me nā mea ho‘omana ‘ē a‘e**.

2. He aha ka mea e hana ‘ia inā ‘a‘ole hiki ke hana ‘ia ka Trisandhya piha i ka manawa kūpono?

Inā ‘a‘ole hiki ke hana ‘ia ka Trisandhya piha i ka manawa kūpono, a laila e hana i ka **Trisandhya pōkole** i kēlā manawa, a e hana i ka **Trisandhya piha ma hope** ke ‘ae ka manawa.

Hiki ke hana ‘ia ka Trikal Sandhya ma nā wahi a pau — **ma ka wahi hana, i ka wā e hele ana ma ke alanui, i ka wā e ho‘okele ana, ma ke kula**, a i ‘ole i ka wā e hana ana i kekahi hana ‘ē a‘e: **mālie, i loko o ka mana‘o**. ‘O ka hana ‘ana i ka Trisandhya i kona manawa kūpono, ma nā wahi a pau, he mea pono loa ia.

Inā ‘a‘ole hiki ke hana ‘ia ka Trikal Sandhya i ka manawa kūpono, e lawe i ka inoa o ka Haku Madhav a e **mihi**, a e pule i ka Haku i hiki ke hana ‘ia mai kēia manawa aku i ka manawa kūpono; no ka mea, ua ‘ōlelo nā palapala hemolele e pono e hana ‘ia ka Trikal Sandhya i kona manawa kūpono.

Ke ‘ano o ka Trikal Sandhya ke ‘a‘ohe manawa

Ka shloka i hā‘awi ‘ia e Panditji ma ka Google Meet. Ke ‘a‘ole hiki mai ka manawa e hana ai i ka sandhya a ho‘omaka ka manawa e hala, a laila ma kahi o ka sandhya hiki iā ‘oe ke **ho‘ōho i ka inoa ‘o Madhav 108 manawa, Jai Durga Madhav 11 manawa**, a e heluhelu i ka shloka i hā‘awi ‘ia ma lalo ho‘okahi.

DAŚĀVATĀRA STOTRAM (FINAL VERSE)

***Vedān uddharate jagannivahate bhūgolam udbibhrate
daityaṁ dārayate baliṁ chhalayate kṣātrākṣayaṁ kurvate,
paulastyaṁ jayate halaṁ kalayate kārūṇyam ātanvate
mlecchān mūrcchayate daśākṛtikṛte Kṛṣṇāya tubhyaṁ namaḥ.***

3. Pehea e hana ai nā haumāna i ka Trisandhya me kā lākou hana ma‘amau o kēlā me kēia lā?

Pono nā haumāna e hana i ka sandhya kakahiaka (Brahma Muhurta) a me ke ahiahi i ka manawa kūpono, e like me ke kāmāwāi. Ma muli o nā koi o ke kula a i ‘ole ke a‘o ‘ana, hiki iā lākou ke ho‘opau i ka sandhya awakea **i loko o ka pu‘uwai, me ka no‘ono‘o ‘ana i ka Haku i loko o ka mana‘o**.

4. Pehea e hana ai i ka Trisandhya ma ka wahi hana?

‘A‘ohe **kānāwai o kahi** no Trisandhya. Hiki iā ‘oe ke hana ma nā wahi a pau āu e noho ai — **ma kou pākaukau, i loko o ka hale hana, i loko o ka hale kū‘ai, i loko o ke kula, a i ‘ole ma ke alanui.**

Inā ‘a‘ole hiki ke ‘ōlelo leo nui, e hana **i loko o ka pu‘uwai**; ua lawa ka pu‘uwai. Inā hiki, e wehe i kou mau kāma‘a a e noho no kekahi manawa; a inā ‘a‘ole hiki kēlā, mai ha‘alele i ka Trisandhya no ia kumu.

Inā ‘a‘ole ‘oe e ho‘omana‘o a hiki, hiki iā ‘oe ke **ho‘olohe i ka leo Trisandhya**. ‘O ka mea nui ‘a‘ole e hala.

5. Inā ‘a‘ohe manawa i koe ma muli o ka hana hale, pehea e hahai ai i ka hana Trisandhya?

E hana i ka Trisandhya **i ka wā e hana ana ‘oe** — no kēia ‘a‘ole pono e kali i ka manawa ka‘awale; ‘oiai e pa‘ahana ana nā lima, hiki ke hana ‘ia **i loko o ka pu‘uwai**.

No ka Bhagavata, e lawe i ka manawa li‘ili‘i āu e loa‘a ai — inā hiki ke mokuna piha, a laila he mokuna, a inā ‘a‘ole, he ‘ao‘ao ho‘okahi, a i ‘ole he shloka ho‘okahi. E ho‘omana‘o i kēia, ‘a‘ole e hala ho‘okahi lā me ka heluhelu ‘ole.

6. Pehea e hahai ai nā wāhine i ka hana Trisandhya i ka wā o ka menstruation?

I ka wā o ka menstruation, ‘a‘ole **e heluhelu ‘ia ka Bhagavata** no nā lā ‘ehiku piha. Hiki **ke ho‘olohe ‘ia**.

E hana i ka Trisandhya i nā manawa ‘ekolu. Inā ‘a‘ole ‘oe e ho‘omana‘o, e ho‘olohe.

(**Mai ho‘opā** i ka Shrimad Bhagavata Mahapurana, a i ‘ole nā mea ho‘omana ‘ē a‘e.)

7. Inā hahai ho‘okahi kanaka i loko o ka ‘ohana i ka hana Trisandhya, e loa‘a anei i nā mea a pau kona hua?

Pono **kēlā me kēia kanaka e hahai iā ia iho**. Inā ‘a‘ole hiki i kekahi o ka ‘ohana ke heluhelu, e ho‘olohe lākou i ka Trisandhya a me ka Bhagavata. A no ka po‘e hiki ‘ole ke ‘ōlelo a lohe, e ho‘oikaika, e like me ka mea hiki, e **kākau hou a hou i ka inoa ‘Madhav’**.

8. Inā ‘ai mākou i ka ‘i‘o a inu i ka wai‘ona, hiki anei iā mākou ke ho‘omaka i ka trisandhya?

‘A‘ole, ma mua o ka ho‘omaka ‘ana i ka Trisandhya, pono e ho‘okomo i ke ‘ano ola mea‘ai ‘ole loa, ‘a‘ole pono e ‘ai i ka hua moa. Pono e ho‘opau pū ‘ia nā ‘ano ‘ona a pau (e like me ka wai‘ona, bhang, paka, nā huahana paka, pan masala, gutka, a pēlā aku) me ka maopopo.

9. Pono anei mākou e ha‘alele i ka ‘Onion a me ke Kāleka e ho‘omaka ai i ka Trisandhya?

‘A‘ole, hiki iā ‘oe ke hana i ka Trisandhya ‘oiai inā ‘oe e ‘ai i ka ‘Onion a me ke kāleka. Pono e pale ‘ia nā ‘ano ‘i‘o a pau (me ka hua moa).

10. Hiki anei i nā wāhine ke ho‘ōho i ka Gayatri Mantra a me ka Trisandhya?

‘Ae, pono nā wāhine e ho‘ōho i ka gayatri mantra ‘ekolu manawa i ka wā trisandhya.

11. Hiki anei iā mākou ke ho‘ōho i ka Gayatri Mantra me ka *Upnayan Sanskar (janeu)* ‘ole?

‘Ae, hiki iā ‘oe ke ho‘ōho i ka Gayatri Mantra ‘oiai inā ‘a‘ole ‘oe e ‘a‘ahu i ke kaula hemolele *janeu*. Hiki iā ‘oe ke heluhelu i nā mantras a pau o Trisandhya me ka ‘ole o ka deekshit i kahi kumu pū kekahi.

12. Hiki anei iā mākou ke ho‘ōho i ka Gayatri Mantra me ka *Shaap vimochan* (kala ‘ana i ka hō‘ino) ‘ole?

‘Ae, pono ‘oe e ho‘ōho i ka Gayatri Mantra ‘ekolu manawa i ka wā e hana ana i ka Trisandhya, me ka hana ‘ole i kekahi kala ‘ana i ka hō‘ino.

13. Inā he kanaka heluhelu ‘ole, kīnā ‘ole, pēpē a i ‘ole he po‘e ‘elemakule, hiki ‘ole ke heluhelu i ka Trisandhya, he aha ka mea e hana ai lākou?

Inā ‘a‘ole hiki i kekahi ke heluhelu i ka kikokikona Trisandhya, hiki iā lākou ke ho‘olohe i kāna leo ‘ekolu manawa i ka lā i ka wā o Trisandhya. Ua ho‘oku‘u ‘ia nā pēpē inā hana ko lākou makuahine i ka Trisandhya (e pōmaika‘i lākou). Eia na‘e, pono lākou e hana i ka Trisandhya ke ulu a‘e lākou.

VIŚVA SANĀTAN DHARMA SEVĀ TRUST

No ka Trisandhya a me nā 'ike ho'omana 'ē a'e, e kelepona ma WhatsApp:

+91 9923071727

Nā PūnaeweLe Kūhelu a me nā Kanal YouTube

Bhavishya Malika: www.bhavishyamalika.com

Kalki Avatar - Ke Kanal Kūhelu: https://www.youtube.com/@Kalki_Avatara

Ka Mo'okū'auhau o ka Haku KALKI (Ke Ala i kahi Honua Hou): <https://youtube.com/@dynastyofkalki>

KalkiAvatarRussian: <https://youtube.com/@kalkiavatarrussian>

kalkiavatartelugu: <https://youtube.com/@kalkiavatartelugu>

kalkiavatarspanish: <https://youtube.com/@kalkiavatarspanish>

kalkiavatarkannada: <https://youtube.com/@kalkiavatarkannada>

JAI ŚRĪ MĀDHAVA
